



Bayside Activities August 11 - August 17



Saturday August 11	Sunday August 12	Monday August 13	Tuesday August 14	Wednesday August 15	Thursday August 16	Friday August 17
<p>8:10am—9:00am Cycle \$ @Sun Ridge</p> <p>9:10am—10:00am Water Aerobics \$ @Sun Ridge</p> <p>9:30am Pound \$ @Health and Aquatic Club</p> <p>10:00am Junior Advanced Green Dot/ Yellow Ball Clinic \$ @Sun Ridge</p> <p>10:00am * Silly Joe Sings @ Freeman Stage</p> <p>11:00am Adult USTA League Players Intermediate / Advanced Clinic \$ @Sun Ridge</p> <p>11:00am—12:00pm Family 3 on 3 Basketball Tournament @Sun Ridge</p> <p>4:00pm—6:00pm Live Music with Uprizing @Sun Ridge</p> <p>7:30pm *An Evening with Vince Gill \$ @Freeman Stage</p>	<p>8:00am Water Aerobics \$ @Health and Aquatic Club</p> <p>9:00am Zumba Aerobics \$ @Health and Aquatic Club</p> <p>10:00am Junior Advanced Green Dot / Yellow Ball Clinic \$ @Sun Ridge</p> <p>11:00am Adult USTA League Players Intermediate/ Advanced Clinic \$ @Sun Ridge</p> <p>11:00am—12:00pm Super Soaker Sunday @Sun Ridge</p> <p>2:00pm—3:00pm Dodgeball (Ages 8+) @Sun Ridge</p>	<p>9:00am Total Body Workout \$ @Health and Aquatic Club</p> <p>10:00am Adult USTA Beginner Clinic @Sun Ridge</p> <p>10:00am Zumba \$ @Health and Aquatic Club</p> <p>11:00am Bingo Fun @Sun Ridge</p> <p>2:00pm—3:00pm Junior Beginner Red Ball Clinic \$ @Sun Ridge</p> <p>5:30pm Strong \$ @Health & Aquatic Club</p>	<p>8:00am Water Aerobics \$ @Health and Aquatic Club</p> <p>8:10am Cycle \$ @Sun Ridge</p> <p>8:30am Strength and Tone \$ @Health and Aquatic Club</p> <p>9:10am Water Barre \$ @Sun Ridge</p> <p>9:30am Pilates \$ @Health and Aquatic Club</p> <p>11am Arts & Crafts: Magic Scratch Crafts @Sun Ridge</p> <p>1:00pm—Dusk Short Course—FREE Fun for golfers and non- golfers! Tee times only. @Golf Shop</p> <p>2:00pm—3:00pm *Arts & Crafts Plus: String Art (Ages 8+) \$ @Sun Ridge</p>	<p>7:05am Yoga @Health and Aquatic Club</p> <p>8:10am Cycle \$ @Sun Ridge</p> <p>8:30am Aqua Barre \$ @Health & Aquatic Club</p> <p>9:00am Total Body Workout \$ @Health and Aquatic Club</p> <p>10:00am Tai Chi \$ @Health and Aquatic Club</p> <p>11:00am Bingo Fun @Sun Ridge</p> <p>4:00pm—6:00pm Live Music with The Stims @Sun Ridge</p> <p>5:30pm Pound \$ @Health & Aquatic Club</p>	<p>8:00am Water Aerobics \$ @Health and Aquatic Club</p> <p>8:10am Cycle \$ @Sun Ridge</p> <p>8:30am Core and More \$ @Health and Aquatic Club</p> <p>9:10am Water Barre \$ @Sun Ridge</p> <p>9:30am Pilates \$ @Health and Aquatic Club</p> <p>10:00am Adult USTA League Players Clinic \$ @Sun Ridge</p> <p>11:00am Arts & Crafts: Sea Anemone Pop up Craft @Sun Ridge</p> <p>11:00am Adult Round Robin All Levels @Sun Ridge</p> <p>2:00pm Junior Intermediate Clinic \$ @Sun Ridge</p> <p>5:00pm—8:00pm * Kids Night Out (fun for parents too!) Ages 6+ \$ @Health and Aquatic Club</p> <p>5:30pm * Voodoo Threauxdown \$ @Freeman Stage</p>	<p>8:10am Cycle \$ @Sun Ridge</p> <p>8:30am Yoga \$ @Health and Aquatic Club</p> <p>9:30am Pound \$ @Health and Aquatic Club</p> <p>9:30am Aqua Zumba \$ @Health and Aquatic Club</p> <p>11:00am—11:45pm Pound Fitness for Kids with Linda \$ @Sun Ridge</p> <p>2:00pm Adult USTA Beginner Clinic \$ @Sun Ridge</p> <p>2:00pm—3:00pm Pony Rides @Twin Parks</p> <p>3:00pm Adult USTA League Intermediate Clinic \$ @Sun Ridge</p> <p>4:00pm Adult USTA Tournament Advanced Clinic \$ @Sun Ridge</p> <p>7:00pm * Step Afrika! \$ @Freeman Stage</p>

For additional operating hours and information on Bayside's recreational facilities, please view the Bayside brochure or visit our website. www.livebayside.com

Download our app: Live Bayside for updates
All hours and events are weather-permitting and subject to change
For more information, please visit www.livebayside.com
* = registration required \$ = May require a fee

Beach Shuttle
11th—13th & 16th-17th: 10am - 4pm
Leaves the Health and Aquatic Club every 2 hours.
Last beach pick-up is 4:30 to return to Bayside

The Point Pool hours: 10am—8pm (Members only)
38 Degrees Coastal Eatery 11am—8pm

The Commons Bar hours: 11am daily until pool closes
Sun Ridge Bar hours: 11am daily until pool closes

7am—10am daily: Lap Swim & Aqua fitness classes
at the Health & Aquatic Club